

**Southern Edge**  
**Girls K - 2 Divisions Rules of Play**  
**Atlanta League**  
**Spring 2024**

**Format:** (we will follow USA Lacrosse rules, with the following modifications)

- \*4 v. 4 (4 field players with NO goalies)
- \*short field - 60-70 yards approx
- \*begin both halves with draw, all other players stand in 8 meter arc until possession
- \*Other team will clear ball up field after goal
- \*No checking and 3 second good defense applies
- \*Must play 1 v 1 defense in the midfield
- \* 2 Pass rule on the offensive side of the field
- \*No Offsides
- \*One 60 second timeout permitted per team per game

**Game Length:**

- \*2 - 20 minute running halves with 5 minutes between halves
- \*One 60 second timeout permitted per game by each team. Time kept by officials.
- \*No Overtime in regular season games

**League Scoring:**

League seeding will be determined by: 1) head to head record; 2) goals against; and 3) goal differential.

**Rules of Play:**

All rules will be from USA Lacrosse for 2024 season, with any modifications we have noted.

**Fouls:** Games and halves may not end on a defensive penalty set up inside the CSA (major fouls only). Officials are to set up the foul and add 3 seconds to the clock. During the 3 second add on, regular game rules exist, including the potential for another defensive foul, passes, a shot or goal.

**Carding:** Yellow carded players must leave the field for 2 minutes with a sub. A player who receives a second yellow card will be suspended for the remainder of that game but can participate in the next game.

**Alternate Possession:** Team with light colored uniform will get first alternating possession for each game, at officials' discretion.