

**Southern Edge
Girls' Full Field Rules of Play for MS
Atlanta League
Spring 2024**

Format: (we will follow USA Lacrosse rules, with a few modifications)

- *12 v 12 (11 field players plus a goalie)
- *full field
- *traditional line up at draw, draw after each goal
- *mercy rule applies (4 or more goals)
- *transitional checking applies

Game Length:

- *2 -20 minute running clock halves
- *Central horn to start each half
- *One 60 second timeout permitted per team per game. Time kept by officials.
- *No timeouts permitted in last 5 minutes of the second half
- *No Overtime during regular season

League Scoring:

League seeding will be determined by: 1) head to head record; 2) goals against; and 3) goal differential.

Rules of Play:

All rules will be from USA Lacrosse for 2024 season, with any modifications we have noted.

Fouls: Games and halves may not end on a defensive penalty set up inside the CSA (major fouls only). Officials are to set up the foul and add 3 seconds to the clock. During the 3 second add on, regular game rules exist, including the potential for another defensive foul, passes, a shot or goal.

Carding: Yellow carded players must leave the field for 2 minutes without a sub. A player who receives a second yellow card will be suspended for the remainder of that game but can participate in the next game.

Alternate Possession: Team with light colored uniform will get first alternating possession for each game, at officials' discretion.